



## 2024 TEAM SASK PARENT INFO NIGHT

**BOX TEAMS (COED AND JR. NLL)** 



## Team Sask Program

The Team Sask Program is Saskatchewan Lacrosse Association's High Performance/Elite level Lacrosse teams. Team Sask represents Saskatchewan Lacrosse Association and all it's Members at the Lacrosse Canada National Championships in all sectors of Lacrosse. The Team Sask Program also houses the Jr. Rush program which represents Saskatchewan at the Jr. NLL Tournament.

The Team Sask Program provides an opportunity for Lacrosse players across Saskatchewan to play elite Lacrosse against other Lacrosse players across the country to further develop their skills and receive exposure for future opportunities. We have seen numerous Male and Female athletes from the Team Sask program receive educational opportunities from being seen at Nationals.











Goals







1

To Make the Player's Involvement on a Team Sask team an enjoyable, positive, and memorable experience

- To Facilitate life-long positive memories
- To create an atmosphere to develop friendships between teammates, coaches, and parents.

2

To Further Develop the Skills and Knowledge of Lacrosse in the Players, Coaches, and Parents.

- To create a positive learning environment for the athletes
- To create future ambassadors for Lacrosse in Saskatchewan

3

To Develop Competitive Teams that will compete for Medals at all National Championships.

- To represent Saskatchewan at the best of our ability and instill a sense of pride in representing the Province of Saskatchewan
- To allow Coaches their discretion in allocating playing to provide teams with an opportunity to achieve success.

4

To Help Develop These Young Athletes into Better Youth and Future Leaders

• Give athletes the opportunity to learn life lessons that will help them shape into our future leaders

5

To Instill a Life-Long Passion for Lacrosse in the Players, Coaches, and Volunteers involved with the Program.

- Prove an experience that Coaches, Players and Volunteers will want to encourage others to take part in.
- To see athletes return to the Program as Coaches and Volunteers when they are older.

### Our 2024 Box Teams

#### **U13 BOX TEAMS - 2012/2013 BIRTH YEARS**

- Nationals Team (Coed) this team attends Lacrosse Canada Minor Box National Championships
- Nationals Team (Female) this team attends Lacrosse Canada National Festival
- Jr. Rush Team (Coed) this team attends the Jr. NLL Tournament.

#### U15 BOX TEAMS - 2010/2011 BIRTH YEARS

- Nationals Team (Coed) this team attends Lacrosse Canada Minor Box Nationals Championships
- Nationals Team (Female) this team attends Lacrosse Canada Minor Box Nationals Championships
- Jr. Rush Team (Coed) this team attends the Jr. NLL Tournament.

#### U17 BOX TEAMS - 2009/2008 BIRTH YEARS

- Nationals Team (Coed) this team attends Lacrosse Canada Minor Box Nationals Championships
- Nationals Team (Female) this team attends Lacrosse Canada Minor Box Nationals Championships
- Jr. Rush Team (Coed) this team attends the Jr. NLL Tournament.









### Team Personnel

- SLA VP of Operations | BRAD CHAPPELL
- SLA Executive Director | BRIDGET POTTLE
- SLA Box Sector Chair | RANDY TROBAK
- SLA Women's Sector Chair PAIGE MASON
- SLA Coach's Sector Chair | JEFF SHATTLER
- SLA Program Coordinator | CHRIS LESANKO
- Team Sask Coaches | ANNOUNCED ON FUTURE SLIDES
- Team Sask Managers | TBD
- Team Sask Snack Parents | TBD









### 2024 Head Coaches

#### **U13 BOX TEAMS**

- U13 Team Sask (Coed) | JAVAN BEXSON
- U13 Team Sask (Female) | MATTHEW DALTON
- U13 Jr. Rush | TBD ONCE ASSISTANCE COACHES FOR NATIONALS ARE DECIDED

#### U15 BOX TEAMS

- U15 Team Sask (Coed) ROB MACKIE
- U15 Team Sask (Female) | KRIS MOEN
- U15 Jr. Rush | TBD ONCE ASSISTANCE COACHES FOR NATIONALS ARE DECIDED

#### **U17 BOX TEAMS**

- U17 Team Sask (Coed) | ALEX KRATZ
- U17 Team Sask (Female) | TARYN LARSON
- U17 Jr. Rush | TBD ONCE ASSISTANCE COACHES FOR NATIONALS ARE DECIDED













### Roles (Committees)

The High Performance Committee is the committee who oversees the Team Sask Program. The Committee is made up of the following positions:

- SLA V.P of Operations
- SLA V.P of Finance
- SLA V.P of Marketing
- SLA V.P of Planning/Development
- SLA V.P of Indigenous Development
- SLA Executive Director
- SLA Sector Chairs

The Coaching Committee is the committee who reviews Team Sask Coach Applications and selects the Coaches. The Committee is made up of the following positions:

- SLA V.P of Operations
- SLA Executive Director (Non Voting)
- SLA Box Sector Chair
- SLA Field Sector Chair
- SLA Women's Sector Chair
- SLA Coaching Sector Chair







### Roles (Team Personnell)

The SLA V.P of Operations is the Director of the programs and works with the Executive Director on the Operations of the Program. The V.P of Operations also handles any issues that require disciplinary actions. The V.P of Operations will provide Technical Support for Coaches when needed as well.

The SLA Executive Director is the SLA Staff Rep and acts as a General Manager/Coordinator of the Program. Their main responsibility is the Operations of the program and works with the Managers and Coaches on Operations of the Team.

The SLA Programs Coordinator is responsible for working with Coaches on ensuring they have their proper certification levels required for Nationals and help provide them Professional Development opportunities.

The SLA Sector Chairs provide Technical support in their specific Sector. The Box Sector works with the Box Coaches/Teams, The Field Sector works with Field Coaches/Teams, The Women's Sector Chair works with all teams for Female Coach/Athlete/Teams support. The Coaching Sector Chair provides technical support to Coaches.







### Roles (Team Personnell)

The Coaches and Managers are responsible for players during all team travel, training, and competition. Players will stay with their team during all team competition. Every precaution is taken to ensure player's safety and wellbeing. Specifically:

- Coaches are responsible for Team selection and ensuring the players are ready physically, mentally and emotionally to play at a National level.
- Managers are responsible for the overall organization of the Team, especially off the floor, working with the Head Coaches to create itinerary's and ensure the players have what they need.

Snack parents are responsible to work with the Manager to plan team snacks and meals during Team travel (Nationals & Exhibition Games). Nutrition and hydration is crucial for the athletes success, so the snack parents are focused on ensuring the athletes are getting what they need to stay healthy and fueled for the high activity they experience.

There will be team trainers that will help take care of the athletes during competition. Sometimes this will be a volunteer with the proper credentials, and sometimes it will be a paid trainer, depending on the competition. **Trainers will always have** the final say on whether an injured player is approved to play.







### Roles (Team Personnell)

#### **NEW FOR 2024**

We have partnered with Sask Polytech Sport Business program to provide an internship program for their students. We will have an intern working with each age group as a division coordinator, who will help assist the Managers with different team tasks. They will also work with parents to arrange volunteers for different events.







- All Coaches, Managers, Trainers, Snack Parents, SLA Staff or Board (anyone who stays with the Team) are required to pass a Criminal Record Check, including Vulnerable Sector Check. The checks can not be older than three years
- All Team Personnel, Players, and Parents will have Code of Conduct forms to sign and must abide by at all times. Any form of hazing will have significant consequences
- Drinking is prohibited for Team Personnel/Athletes when they are at team events. Any Team Personnel/athletes caught drinking will be immediately suspended for aand sent home on their own dollar.
- Parents are <u>NOT</u> allowed to stay at the same facilities as the players. There is NO exception to this and players will be sent home if parents are not willing to abide by this rule. Parents are also not permitted to go into players hotel/dorm rooms to ensure privacy for all players staying in that room. Separate hotel blocks will be set up for parents to ensure no accidental double booking. This does not abide to the Jr. NLL tournament.









- Parents are not permitted to remove their player from the Team at anytime during Nationals, unless in case of injury, illness, or family emergency, at which time parents will have a form to fill out and give to their manager. This is to ensure no disruption to the teams, but also for liability and insurance purposes.
- If parents have a concern, the 24 hour rule must be applied. After then, parents are to speak with the Manager first regarding the concern, and then the Manager will determine if the concern needs to go to the Coach or SLA Executive Director. If it is determined that the concern goes to the Coach, parents will need to set up a time to chat with the Coach outside of practice or team events. During practice and team events Coaches are on the floor focusing on the athletes.
- Talent ID camps are closed to spectators, including parents. Parents are welcome to watch Team Practices; however Coaches/SLA reps have the right to close practices if needed.









- As part of achieving the goal of helping athletes grow into amazing members of our society, ALL Team Sask athletes will be required to do a minimum of TWO Hours volunteer work with their local Lacrosse Association. This can range from helping with younger age groups, helping with administrative tasks, inventory, anything that your Member Association can use help with. Officiating will only count if the athlete does not get paid for those hours.
- This year we are hosting both the Prairie Cup Regional Championship and Minor Box Nationals. Having these events here in Saskatchewan helps lower the cost of team fees as there is less travel, so families will be required to volunteer some time at each event in the timekeeper/scorekeeper box. The Interns and our Volunteer Coordinator for Nationals will work with teams on schedules. With out having families volunteer, we will need to hire individuals, which will increase the cost of team fees.









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- As part of learning for athletes, Coaches, and parents, we are looking at the new Safe Sport online modules that reviews the Universal Code of Conduct that all sports have already, or are in the process of adopting from Sport Canada. This provides important information on the expectation of behavior that is expected from all parties.
- Lacrosse Canada is deciding whether it will expand it's requirements for athletes in U17 & U19 to take the CCES Anti-Doping Course to all age groups attending Nationals. This is an online course and has a lot of great information.
- Both online programs are free of cost.







## 2024 Travel & Competition



#### PRAIRIE CUP REGIONAL CHAMPIONSHIPS

• On July 19th to 21st we will be hosting Team Manitoba, Team Alberta, and Jr. Roughnecks (possibly) in Regina for the 1st Annual Prairie Cup Regional Championships.

#### NATIONAL CHAMPIONSHIP

• The 2024 Lacrosse Canada Minor Box National Championship is hosted in Regina, SK and is from August 12th to 17th, 2024



#### JR. NLL TOURNAMENT

The 2024 Jr. NLL Tournament is held in Oakville, Ontario with dates TBD

#### PRACTICES/CAMPS

• Practices/Potential Camps will start the July 13th weekend and will run until Nationals. When players are selected to a team they will receive the practice schedule.









### Team Sask Selection Process

The selection process for all Team Sask/Jr. NLL teams will take place over the following events:

01. Open Talent ID Camps

**02.** Invitational ID Camps

03. Finals Camp

If a player can not attend a Talent ID session, they still must be registered by the Open Talent ID weekend. On the registration form is a place to identify any sessions a player can not attend.









#### 01. —

#### **Open Talent ID Camps**

All players are invited to attend <u>ONE</u> Open ID Camp (Goalies may be invited to both). They can attend either the North or South Camp. Players are to attend all the sessions on whichever ID Camp they chose.

#### 02. —

#### **Invitational Talent ID Camps**

Players will be notified within the two weeks after the Open Talent ID camps whether they are invited to attend the Invitational ID Camps. Players will be invited to move forward with a specific team (Nationals or Jr. Rush). Players attend **BOTH** Invitational ID Camps.

#### 03. —

#### Finals Camp

After the Invitational ID camps, Coaches will invite players who are selected to move forward to the Finals Camp. Goal is to have finalized rosters for May 1st.













### COSTS-TALENT ID CAMPS

#### **OPEN ID CAMP COST**

Cost is \$100 which covers:

- Team Sask Reversible Pinnie
- Evaluation Software
- Floor Time
- Coaches Travel Costs
- Evaluators/On Floor Instructors Costs

Registrations received received after January 22nd will have an additional \$50 charge.

#### **DUAL ATHLETE COST**

 Cost for players attending both Box and Field ID Camps is \$150

#### **INVITATIONAL ID CAMPS COST**

Cost is \$75, which covers:

- Evaluation Software
- Floor Time
- Coaches Travel Costs
- Evaluators/On Floor Instructors Costs

#### **FINALS CAMP COST**

Cost is \$50 which covers:

- Team Sask Reversible Pinnie
- Evaluation Software
- Floor Time
- Coaches Travel Costs
- Evaluators/On Floor Instructors Costs







### COSTS-TALENT ID CAMPS

- Each year the SLA works diligently with our community partners to help keep our costs as low as possible for our families. This is an ongoing process that we undertake to ensure maximum value for our families with variable that change year to year.
- Talent ID fees remain in the program, if there is a surplus after all the Talent ID camps are completed, funds will be split appropriately amongst all the teams to help offset team costs, similar to what our friends in other Provincial Lacrosse programs do.







### **COSTS-TEAM COSTS**

- The SLA is still working on some discounts to keep team fees low. Parents should expect to pay between \$1000 to \$2500 dependent on whether players need equipment or not, and how many camp weekends a player may have. The final budget will be provided at the first team meeting.
- Team Fees cover the following:
  - Registration Fee to Lacrosse Canada
  - Team Uniform and Team Clothing
  - Practice and Training Costs (Floor Time, Coaches Travel Costs etc.)
  - Accommodation/Water/Food during Nationals
  - Team Activities and Team Pictures
  - Team Gifts
  - Potential Accommodation/Food for Practice Weekends
- Team Fees **DO NOT** cover the following:
  - Mandatory Items (items only need to be purchased if a player does not have)
    - Team Sask Helmet
    - Team Sask Gloves
    - Black Shorts
    - White Socks
  - Optional Items
    - Team Sask Merchandise







## Fundraising

Players will be given numerous different fundraising and sponsorship opportunities to help offset the cost of Team Fees. Below is some examples, but more detailed information will be provided at the first team practices.

- The SLA provides Athlete Assistance from our Sask Lottery Funding, and a portion of the Rush Funding goes to the Team Sask program to help lower Team Fees. These funds are \$25,000 to \$30,000.
- SLA will run a Team Sask Online 50/50 again in 2024, with funds being split amongst the teams accordingly.
- Players will be able to utilize the Team Sask Sponsorship program which includes opportunities for athletes to sell Corporate and Jersey Sponsors
- Players will be able to utilize the "Draft and Athlete" program for another fund way to raise funds.
- Teams can do their own fundraising (ex. Bottle Drives)









## Team Sask Athlete Eligibility

- All athletes must be registered members in good standing with their Home Associations and taking part in the regular Lacrosse season to be eligible to take part on any Team Sask teams.
- Any athletes who take part in unsanctioned activities/groups, whether that be training, try
  outs, competition etc, will NOT be eligible for the Team Sask program. Sanctioned
  activities are through registered Sask Lacrosse Member Associations, registered members
  of other Lacrosse Canada Provinces (providing a proper travel permit is approved),
  registered members of US Box Lacrosse or US Lacrosse (providing a proper travel permit is
  approved), and any private entity sanctioned by SLA which are the following groups:
  - Saskatchewan SWAT
  - Shattler Lacrosse Academy
  - Sentinels Lacrosse Club
- If a parent is concerned about their player's eligibility, please email teamsask@sasklacrosse.net













# THANKYOU

ANY QUESTIONS?